



THE MEDICO-LEGAL  
SOCIETY OF VICTORIA INC.  
(A01213962C)

## ***'Challenges in Keeping the Medical and Legal Professions Mentally Healthy'***

**will be presented by Dr Kym Jenkins MB. ChB, FRANZCP, MPM, MEd, GAICD**

**A General Meeting of the Society will be held on Saturday, 14 October 2023  
Melbourne Club, 36 Collins Street, Melbourne.**

**Drinks served 6.30pm, Presentation 7.00pm, followed by Dinner  
Dress: Black tie**

Dr Jenkins is a consultant psychiatrist. She has held a range of roles in both public and private psychiatry and the NGO space, most recently working as the Director of Clinical Services for South - West Mental Health in WA, and is a former President of Royal Australian and New Zealand College of Psychiatrists.

Dr Jenkins has had a long standing clinical and academic interest in health and wellbeing of health care workers. She was the Medical Director of the Victorian Doctors Health Program for over 10 years and has had extensive involvement in psychiatry-related medical education and professionalism. She also was on the steering group for the National Medical Workforce Strategy.

Keeping both the medical and legal professions mentally healthy has never been more pertinent. Unfortunately, the COVID pandemic has emphasized ways in which we are failing to do this.

After a brief outline of historical aspects of mental health in both professions, Dr Jenkins will discuss how being “mentally healthy” is currently conceptualized. She then will present, in depth, some of the more recent and current challenges to our wellbeing, referring to recent research and public health models. An overview of current services and resources will be presented before Dr Jenkins goes on to discuss ways in which we could optimize how we care for ourselves, our colleagues, and our professions.

**Members may bring guests who need not be legal or medical practitioners.**

**Acceptances close Friday, 6 October 2023 and no acceptances or refunds will be available after this date.**

**Members and their guests are reminded of the dress requirements. Mobile telephones may not be used inside the Melbourne Club. Urgent calls may be made to the Club on (9650 4941) and a message will be conveyed by Club staff.**

**The Committee reminds Members that the premises are to be vacated by 11.30 pm.**

**Host Member: Dr Glenn Howlett**

**Mr Ian Rose, Hon. Legal Secretary  
Tel: (03) 9645 1597 or 0419 551 362**

**Dr Craig Barnett, Hon. Medical Secretary  
Tel: (03) 9429 2724 or 0407 532 447**